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# October 2023 Newsletter

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## Nottingham West Elementary School

10 Pelham Road, Hudson, NH 03051

[Nottingham West Elementary School](#) | [Nottingham West Elementary School \(sau81.org\)](#)

T: 603-595-1570

Principal: Scott G. Baker [sbaker@sau81.org](mailto:sbaker@sau81.org)

Assistant Principal: Gloria Hussey [ghussey@sau81.org](mailto:ghussey@sau81.org)

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### Office News

The NWES staff and PTO would like to thank all the volunteers that helped with our very successful book fair. We were able to gift every student a book and raise \$6,000!

**Halloween Stroll...** each year for Halloween, we allow students to take a 'Stroll' through the school with their costumes on to show off a bit and see all the other costumes. Due to limited amount of parking during the day and the sheer number of students moving through the halls, this stroll will be for students only. Remember, no weapons can accompany any costume.

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### Counseling News

WORD OF THE MONTH: **RESPECT**

Ms. Fitzgerald: [cfitzgerald@sau81.org](mailto:cfitzgerald@sau81.org) (2<sup>nd</sup>/3<sup>rd</sup> Grades)

Mr. Blais: [mblais@sau81.org](mailto:mblais@sau81.org) (4<sup>th</sup>/5<sup>th</sup> Grades)

This month we will be discussing respect for ourselves and others. We encourage you to discuss what it means to respect yourself by taking care of your body and your space at home. At school we will empower students to help clean up, take care of belongings and try our best. They will notice and comment upon actions that demonstrate respectful behavior. At home, try to "catch" your child(ren) being responsible/respectful and reflect positively on this behavior. By working together, we can help children develop in the area of character and values.

We are starting classroom guidance lessons and really getting to know all the students to foster that positive and trusting relationship that we will continue to build on throughout the school year.

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## Upcoming Events

### October 6

Early Release, Dismissal at 12:30PM

### October 9

No School – Columbus Day

### October 23

Week of Oct. 23<sup>rd</sup> – Red Ribbon Week

### October 26

Boo Fest (5-7PM)

### October 31

Halloween Parties/Stroll

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## Other Announcements

**Boo Fest:** This will be FUN! Please join us on Oct. 26<sup>th</sup> for some trick or treating as the students walk through the halls of spooky, NWES.

### Cafeteria News

Mrs. Galvin: [cgalvin@sau81.org](mailto:cgalvin@sau81.org)  
Our cafeteria will be selling chips two days a week starting Tuesday 10/3 and Thursday 10/5. The cost for a bag of chips is \$.075.

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## Reading News

Mrs. DuCharme, Reading Specialist: [aducharme@sau81.org](mailto:aducharme@sau81.org)

Greetings NWES Parents and Kiddos!

The Hudson School District has adopted a new writing program this year called Being a Writer. Being a Writer comes from the company, Collaborative Classroom and is being taught in Grades K-5. The goal of Being a Writer is to provide comprehensive writing instruction and help teachers build a classroom community where students learn from, support, and inspire one another to write.

The program starts at the beginning with developing a classroom community that teaches students how to talk about his/her writing in a safe environment without judgement. Students will develop the skills needed to conference with peers and offer feedback. This is done by listening to mentor texts and observing how authors write his/her story and why they made the choices they did in his/her writing. Students will learn the writing process, craft, organization, grammar, and conventions. Students will be writing EVERY DAY!!! They will learn different genres of writing and components of each. These include personal narratives, informational writing, opinion writing, and poetry!

We are excited to have adopted this program this year and have the consistency between all grades. The skills will build on each other year to year. We hope to inspire our students to love to write and want to share his/her writing with others!

For more information on Being a Writer, you can go to their website:

<https://www.collaborativeclassroom.org/programs/being-a-writer/>

### Digital Citizenship...Parental controls

We live in a digitized world and at times it can be hard to keep up with the latest app or changes to privacy. One of parent's best tools in managing social media/digital access is through parental control. Every tech product (tablets/game console/smart phone) can be controlled by parents. Without these controls, children are exposed to potentially harmful or hurtful interactions and media. The website [internetmatters.org](http://internetmatters.org) provides helpful tools and specific instructions to apply controls to any device.

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### Library News

Mrs. LeShane: [kleshane@sau81.org](mailto:kleshane@sau81.org) September was Library Card Sign-Up Month – *but it's not too late!*

You can sign up for a free library card at Rodgers Memorial Library here: [Get in Your Element this Fall with a Library Card! | George H. & Ella M. Rodgers Memorial Library \(rodgerslibrary.org\)](http://rodgerslibrary.org)

*Since 1987, Library Card Sign-up Month has been held each September to mark the beginning of the school year. During the month, the ALA and libraries work together in a national effort to ensure every child signs up for their own library card.*

### Health News

Mrs. Eriksen, RN: [meriksen@sau81.org](mailto:meriksen@sau81.org)

T: 603-595-1570 x55005

This is the time of year for illnesses and we want to ensure the health of as many students and staff as possible, we ask that you please adhere to the following health guidelines, without exception.

- Keep your child home if they have experienced diarrhea at any time during the previous 24 hours.
- Keep your child home if they have vomited any time during the previous 24 hours.
- Keep your child home if, during the past 24 hours, they have had a fever. *They need to have been fever-free for at least 24 hours, without the use of any medication (i.e.: no Tylenol, Acetaminophen and no Advil/Ibuprofen), before returning to school.*
- Keep your child home if, during the past 24 hours, they have signs and symptoms of a contagious disease.
- If your child presents with a rash, headache, sore throat, stomach ache, nausea, vomiting, fatigue, new loss of taste/smell, coughing, runny nose, fever, or symptoms that are making them uncomfortable, please keep the child at home, consult his/her pediatrician and follow their advice, rather than sending them to school to be checked by the nurse or to see if they feel better later.

We appreciate your help in keeping unwell children at home; checking with their doctor so they recover faster, do not become re-infected, and do not spread illness to others.