Colts Newsletter

Issue #7: May 2023



Jewish Heritage Month By Leah S.

The month of May recognizes the contributions made by Jewish-Americans to culture, history, and society. It was known as Jewish Heritage week from 1980 to 2006, and was later promoted to Jewish Heritage Month by George W. Bush. May has been the month to recognize Jewish Heritage for more than 30 years,

In 1939 the Nazis invaded Poland, and started the Holocaust. During the Holocaust time period, 8-10 million people perished, with the Nazis at fault. Most of the targets were Jewish Peoples, Disabled Peoples, Gay Peoples, African-American Peoples, Gypsies, and hundreds of others that Hitler deemed fit for execution or "impure".

Almost 100 years after that there is unfortunately still some anti-semitism or hatred towards various races, cultures, religions, and lifestyles in our world. There are even some who refuse to believe that millions of peoples were killed during the holocaust. Hopefully some day, hatred will no longer exist in our society. Remember to be kind to everyone around you!

Holidays and Events!

Washington D.C. Trip! (8th Only) - 1st-5th Boston Field Trips! (8th Only) - 1st-5th Step Up Day for 5th Grade - 3rd Adventurelore (6th Only) - 4th Cinco de Mayo - 5th Adventurelore (7th Only) - 11th Food Drive - 17th-30th Adventurelore (8th Only) - 18th HMS Chorus Concert (6:30pm) - 24th HMS Band Concert (6:30pm) - 25th Memorial Day Ceremony (8am) - 26th Karaoke Friday - 26th Memorial Day! (No School) - 29th Wildlife Encounters (7th Only) - 30th *School Store Every Wednesday this Month*

HMS Monthly FOCUS

Academic FOCUS Critical Thinking & Problem Solving Critical thinking and problem solving can be a challenging skill to develop, but it is important to challenge yourself. Remember you can reach out to others if you really need support as well, such as your teachers!

Social Emotional FOCUS Responsible Decision Making

This means once we have our mind set on a decision, we know can fix a problem, we will do it despite all are nerves.



Respect, Responsibility, Hard Work



What's Up at HMS?

HMS Sports & Club Updates

The Student Leadership Team is planning Wellness Day for June 1st & 2nd during the school day! The theme that students have planned this year is "Mind, Body, & Soul".

The Chorus and Band students are busy preparing for their Spring Concerts! These will take place on May 24th and 25th at 6:30! Come check out their hard work!

Teachers & Coaches! Want to submit a Sport or Club Update? Please email it to Ms. Blais for it to be included in the next Newsletter! We appreciate your contribution!

Kevin Skarupa? By Max I.

Skarupa Kevin from WMUR's weather visited HMS on Tuesday April 11th. Mr. Skarupa talked about his job as a meteorologist! He also talked about different weather conditions and what to look out for while you're outside. The two groups of 6th grade teams loved the presentation. Part of his visit was even filmed to be put on TV. Overall, it was a great visit from Kevin Skarupa and a unique experience!.



Spirit Week Winners!

By Alex H.

Spirit Week was April 3rd-7th and overall about 47% of students at HMS participated. Some favorite days were; Zoom Day, Twin Day, and Anything but a Backpack Day!

This year's top homerooms were... 3rd Place: Mrs. Hines (6th) - 68% participation 2nd Place: Mrs. Gordon's (8th) - 77% participation 1st Place: (and in last year's top 3 too) Ms. Staib (6th) - 82% participation.

We hope you enjoyed Spirit Week, and Colts Council looks forward to planning for next year! If you have any ideas for that you want us to consider, then feel free to submit them to the Colts Council box found on the stage in the cafeteria.



What's Up at HMS?

Ask a Senior Who's Been Through It All

By An Alvirne Student

How Do I Deal With Losing Friends?

Losing friends in middle school isn't fun, having someone who's consistently in your life not being there anymore is a very sad thing. However, if you lose a friend, believe it or not, there is a positive. If you drop them, then there was a good reason for it and there was something off about them that you didn't like. Or if they drop you, especially for a dumb reason, then you're better off without them. The best thing to help is delete any pictures or texts with them, or anything that reminds you of them so you don't have to think about it as much. Before you know it, it won't be hard anymore.

How Do We Handle Being the Youngest Kids in the School?

Being the youngest kids in the school, you might get funny looks from upperclassmen, weather you're in 6th grade or if you're a freshman in high school. But if someone older says something to you about it, just don't let it bother you because that's nothing in your control; you can't control how old you are and what grade you're in. Don't forget that those same upperclassmen were also freshman once. Before you know it you'll be the grade that's running the school.

Spanish Field Trip By Leah S.

36 students from both of the 8th grade Spanish classes took a trip to the Capitol Center for the Arts in Concord, NH to see the Hispanic Flamenco Ballet perform.

They watched two shows, explaining and showing the students Spanish and Latin dances. Students learned the origins of these dances and latin culture. Students then got the chance to learn how to do some of the dances up on stage with the dancers. Overall, it was a fun way to teach the class about Spanish culture and thank you to Mrs. O'Leary for planning this fun field trip!



Special Feature!

Annie Jr. Musical! By Chase M., Olivia T. & Lando C.

April 7 was the opening night of Annie jr the Musical and the show was a great success! Students and staff performed Annie twice with many attendees each night! The show featured 14 songs, a couple big dances and even featured a real dog!

Special Thanks to:

- The students who worked very hard staying after school every Tuesday and Wednesday

- to work towards making this the best show The Tech crew who did an amazing job building the props and panels.
- Miss. Crivello for starting up many young kids love for acting.
- Paul for working with the Actors and choreographing the whole musical.



Student Artwork!

Help Wanted

Do you create drawings or comics? Do you write poems or short stories?

Then we want YOU to submit to the Newsletter!

All submissions can be emailed to <u>ablais@sau81.org</u> or put in the Colts Council Box on the stage in the Cafeteria! Works can be signed or anonymous and must be school appropriate!

Recipe! By Lando C. Oatmeal Butterscotch Cookies

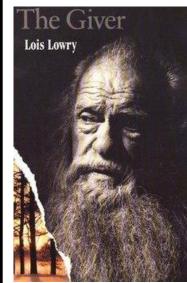
³4 cup packed brown sugar 2 large eggs 1 teaspoon vanilla extract 1 ¼ cups all-purpose flour 3 cups rolled oats 1 teaspoon baking soda ¹/₂ teaspoon ground cinnamon ¹/₂ teaspoon salt 1 ²/₃ cups butterscotch chips

1) Preheat the oven to 375 degrees F (190 C).

- 2) Beat butter, white sugar, and brown sugar together in a large bowl with an electric mixer until light and fluffy. Add eggs one at a time, beating well after each. Beat in vanilla.
- **3)** Stir together flour, baking soda, cinnamon, and salt in a separate bowl. Gradually add f flour mixture to butter mixture and mix until blended. Mix in oats and butterscotch chips until combined.
- Drop dough by teaspoonfuls onto an ungreased cookie sheet.
- 5) Bake in the preheated oven until the edges begin to brown, 8 to 10 minutes.

Literature Recommendation By Henry H.

The Giver by Lois Lowry



The Giver is set in a utopian world where everything is perfect. That all changes for Jonas when he is selected to be the new Receiver of Memory, a position of high honor Community. the in With the help of the Giver, he begins to the discover dark truths that are in his world.

Quote Of the Month

"When you have a dream, you've got to grab it and never let go." - Carol Burnett

Shout Outs

Shout out to all students and staff who participated in Spirit Week! Thank you for making it a fun week!

Shout out to Mrs. O'Leary for planning a fun Spanish Field Trip! We had an awesome time!

Shout out to all students and teachers for their hard work during the SAS testing!

Shout out to Mr. Lozer for all his work with the band kids. We'll miss you!

Shout out to all the parents and staff who helped chaperone the last 7th and 8th dance! We had a fun time!

Shout out to the PTO for providing snacks for students each of the testing days! Especially the donuts for 8th graders on the final day! Thank you!



Follow Us! @hms_colts_council @hmscolts

Monthly Tip! By Max I.

Know and try to follow the school Core Values like respect, responsibility, hard work, and kindness. Doing that, you really can't go wrong, Avoid drama and gossip, be kind and respectful to all others, work hard, and always do your best!

RECOMMENDATION OF THE MONTH By Maddie L.



Only 2 more months to go till summer break! Let's bring back "Charlie Brown's, The Peanuts" Movie! The Peanuts movie is all about how Charlie Brown gets a crush on a young girl with red hair, and wants to ask her out before summer break but, then he realizes she's going to summer camp, so he has to hurry! If your a big fan of Charlie Brown and are excited to break, try and watch this movie to get a head start! Have a Great Month!

CONTACT INFORMATION

Want to submit something to the Newsletter? Have a comment or concern?

Email: Ms.Blais (<u>ablais@sau81.org</u>) OR put submissions into the Colts Council Box on the stage in the Cafeteria



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