



HUDSON MEMORIAL SCHOOL

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Dear Parent/Guardian,

Hudson Memorial School is utilizing an innovative program for our student-athletes. The program is called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) and it is a computerized exam that the athlete takes prior to the season. If the athlete is believed to have suffered a head injury, the exam is taken again and the data is compared to the baseline test. The system is utilized throughout professional sports, has been mandated in the NHL, and is fast becoming the "Gold Standard" in recognizing and better managing concussion type injuries. The University of Pittsburgh Medical Center's Sports Concussion Program is the founding group of this software.

The exam takes about 15-20 minutes and is non-invasive. The program is basically set-up as a "video-game" type format. What it is doing is giving the brain a preseason physical of its cognitive abilities. It tracks information such as memory, reaction time, processing speed, and concentration. It is simple and actually most that take it enjoy the challenge of the test. The exam has gained recognition around the world.

If a concussion is suspected, the test is re-taken and the information can be used to better determine recovery from concussion. The information is also shared with your regular doctor and a sound decision can be made as to when return-to-play is appropriate and safe. If an injury of this nature occurs I will be in contact with you on all the details, large and small.

I wish to stress that there is no invasive work being done with this program. The data collected by this program will be used for research. This gives us the best available information in preventing brain damage that can occur with multiple concussions. The Hudson Memorial Administration, coaching and educational staff are trying to keep your child's health and safety at the forefront of the middle school experience. If you have any questions regarding this program, please feel free to contact me at agoldstein@sau81.org.

Sincerely,

Adam Goldstein

Athletic Director

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the above information. I have been given an opportunity to ask questions and my questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program and the research.

Name of Athlete _____ Sport _____
Signature of Athlete _____ Date _____
Signature of Parent _____ Date _____