

Colts Newsletter



Issue #7 : June 2022 (End of Year Issue!)

June is...

National Safety Month

Liana G & Allison V.

National safety month is celebrated in June. People focus on how they can keep their environment safe and away from danger. People work on how we can create a safer environment for everyone. National Safety Month was established in 1996 by the National Safety Council.

Here are some ways to be prepared and safe at home:

- Update your First Aid Kit and supplies like bandaids, ice packs, disinfectant, etc.!
- Practice as a family what you should do in case of a fire, have a meeting place outside your home!
- Make sure you have at least one Fire Extinguisher at home!
- Have emergency numbers listed by the home phone and in cell phones!
- Have an emergency kit with canned food, bottled water, blankets, batteries, and other things you might need in case of an emergency!

New England is a unique place where we often experience many different kinds of weather events from ice storms to hurricanes to the occasional tornado! It never hurts to be prepared and safe!

Holidays and Important Dates

June 3rd - 8th Grade End of Year Dance

June 5th - Constitution Day

June 8th - Sports Awards Night

June 13th - 5th Grade Bingo Night

June 15th - 8th Grade Class Day and Last Day of School for all Students (Half Day)

June 19th - Father's Day

June 19th - Juneteenth

June 27th - National Bingo Day

Monthly FOCUS

This month's Social & Emotional Goal is "Responsible Decision Making". This means learning how to make decisions that are responsible, appropriate, and well thought out. As you become an adult, you have to make even more decisions. Making responsible decisions keeps you safe and leads you down a good path.

This month's Academic Goal is "Reflection". This means looking back on what you do in school and thinking about why you earned the grades you did. Could you have studied more or done your homework? Could you have utilized your FOCUS time better or attended Academic Assistance for help?

This year all grade levels explored various careers and connections to the Alvirne CTE each month. These events were exciting and interesting! The trips to the CTE center were also super cool and we hope it continues next year! Thank you Counseling for running this!



Respect, Responsibility, Hard Work



What's Up at HMS?

HMS Sports, Clubs, & Class Updates

Baseball and Softball are starting playoffs this week! Each team has been playing their best and working together with their team to win games. Play offs are a win or go home situation. Come cheer on your teams at their home games (which are TBD at the moment). Thank you everyone for coming to cheer them on during the normal season earlier this season! Go HMS Softball and Baseball!

The Leadership Students are working on a project to clean up the courtyard in the center of HMS. Mr. Deunfrio made benches and chairs to help fill the courtyard with places to sit and the rocks that students painted on Wellness Day will be placed out in the courtyard as well!

Drama Club had their "Watch Party" on June 1st to watch their Seussical Jr. Performance together as a group. They are looking forward to next year's performance!



Memorial Day

Leah S.

Every year, the last monday of May is a day observed to mourn the lives that were taken in wars throughout our country's past. Every year, we have a ceremony to honor Leonard K. Nute, a hudson native who gave his life during the Vietnam War because our HMS Gym is named after him.

Leonard Nute's family comes from all over the country to participate in the ceremony. During the ceremony we lower the American flag out front, the band plays some of the military theme songs, Swing Choir sings the National Anthem, the American Legion does a Rifle Squad Volley, and then Taps is played.

Each year, when the 8th graders visit D.C., they also make sure to find his name on the Vietnam Memorial Wall. This year, the 8th graders also visited Ryan Phaneuf's grave at Arlington National Cemetery, who was another Hudson native killed in action more recently.



Interview with Coach Leary

Derrick D.

- Q:** What do you believe to be one of your team's weakness & how do you improve it?
A: "As a team, our problem is being flexible. We try to fix it by do something different every so often to mix it up."
- Q:** Which strengths do you believe are the greatest challenge for the team?
A: "Adjusting to the changing weather"
- Q:** What does your daily routine look like?
A: "Doing a warm-up, then stretches, then run a mile, or sometimes two, each day."
- Q:** Describe your team's achievements.
A: "Home meets have done well and we have help from the hudson community. Some athletes it's their first time doing track."
- Q:** How do you keep your teammates feeling positive & motivated after a loss?
A: "Me & Mr. Schmidt each give lots of positive encouragement and connect to athletes."



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SPECIAL FEATURE

8th Grade D.C. Trips

Sam H., and Michael L.

Over the course of the week in Washington D.C., quite the adventure played out. Even though the bus ride home was slightly behind schedule by several hours due to our busses acting up, we all made the best of it, and the trip was a blast! We visited many places during our week-long trip to the Washington D.C. area and the Williamsburg, V.A, area!

We stopped at Arlington National cemetery where we saw the Tomb of the Unknown Soldier, witnessed the “Changing of the Guard”, and made sure to visit the grave of Ryan Phaneuf, a soldier from Hudson that was killed in on active duty within the last few years. We also got the chance to see the Twilight Tattoo show, put on by active military at Fort Myer, that showcases soldiers, their uniforms, and their weapons from different periods of the U.S. Military and during the major wars. One of the highlights of the trip was definitely getting to see the original Constitution and Declaration of Independence stored in the National Archives Building, many artifacts and interesting items in the Smithsonian Museums of Natural History and American History. We also visited the Holocaust Museum which was sad but informative and related back to all we have been learning this year in literature class. We ended the trip with two days in Colonial Williamsburg and visiting Jamestown Settlement, both places we learned about in Social Studies this year and that featured people acting in character like they were from that time period.

A big shout out to all those who planned and chaperoned the trip. It was something we will never forget and we had a great time! We feel very lucky that we were able to go this year!



Bus #2 taking shelter from the Thunderstorm while their bus was being fixed



Bus #3 in front of the Potomac River at Mount Vernon

Students “standing in line for assistance” at the Franklin D. Roosevelt Memorial



SPECIAL FEATURE

8th Grade Boston Trips

Derrick D.

This year's students who did not attend the Washington D.C. Trip had a chance to attend five exciting field trips within the Boston area during that week instead! Students visited the New Hampshire State House and Historical Museum, walked the Freedom Trail, visited the World War II Wright Museum, visited Gillette Stadium, and then stayed at school and had the Hudson PD visit them!



Monday's field trip was to the New Hampshire State House and Historical Museum. The State House holds portraits of our past Governors and NH's history. The gold dome on top of the State House holds many American Flags from different periods of war like the Civil War. The next stop by was the Museum, which holds artifacts dating way back when Franklin Pierce was still president (1850's). Many antiques including Eisenhower's political campaign pins and old furniture are there as well.. Overall, It was great to learn more about New Hampshire's history and our government.

Tuesday's field trip was to walk the Freedom Trail in Boston. Before we even started it was incredible how our tour guides acted just like people from the 1800s. They showed us the Massachusetts State House from an outside perspective since we were not allowed in due to COVID. A famous church was also shown to us along with a cemetery that is the final resting place of some big names from the Revolutionary period like John Hancock. There are still some old buildings that are being reconstructed and restored around Boston, like the King's Chapel, The Boston Latin School site, the Old State House, and many more. Overall, while walking through the entire trail was difficult, it was worth it because you get to see many fantastic sites that have been here since the 1800s and are a major part of American history.

Wednesday's field trip was to the Wright Museum, which is mainly a World War II museum. The museum was a banger though additionally full of 1900s pop culture references, like the hall of fame full of 1900s events including Disney's Pinocchio, The Wizard of Oz, Franklin D. Roosevelt's speeches, old Mickey Mouse cartoons, Women's Rights Campaigns, and so much more. Overall, was a fun experience and learn about our past.

Thursday's field trip was to Gillette Stadium and the Hall of Fame. Everyone was super excited for this particular trip since it was sports related. We saw a lot of historical information and antiques related to football, such as the first football used. A short movie was shown to us about how the Patriots became an amazing football team over the course of many years. Lastly, we also took part in STEM activities related to safer helmets for football players, and were relating it back to many 8th grade science concepts like energy and forces.

Lastly, Friday's field trip was one where we stayed at school and the Hudson Police Department came to us with many exciting activities. The HPD taught us that K-9s use their scent and are trained to find drugs from far away and also showed us how K-9s would attack a criminal. They showed us what types of guns were used in the SWAT team and how police officers take criminals' thumbprints. Overall, the visit was very interesting and showed us a lot more of what is involved in being a police officer.



Special shout out to Mrs. Hastbacka and Mrs. Tufts for helping to plan these trips! Please say thank you!

Student Art & Literature



Stay tuned for next month's amazing student work!

Quote Of the Month

“Although no one can go back and make a brand-new start, anyone can start from now and make a brand-new ending”
- Carl Bard

Student & Staff Shout Outs

Shout out all of the students who helped build adirondack chairs in Tech Ed and then donated them to the HMS Courtyard! Brayden B., Billy B., Lilly B., Olivia C., TJ D., Avery D., Lexi F., Mitchell F., Nicky G., Natalie G., Garrett H., Michael L., Anthony P., Jayden R., Carson R., and RJ Z.

Shout out to the Leaders in Prevention students who planned and help facilitate an amazing Wellness Day for HMS! Great work!

Shout out to all of the teachers who helped chaperone the Washington D.C. Trips, and the Boston Trips. Students had a fantastic time on these trips and that wouldn't have been possible without the chaperones! Thank you!

Shout out to all HMS students for their hard work on all of the NH SAS testing! Your teachers are proud of you giving your best effort! No more testing till 11th grade now for 8th graders!

Shout out to the Counseling office and the Alvirne CTE Teachers and Student Ambassadors for our amazing Career Exploration events all year long and trips to visit the CTE. We are all so excited to join CTE courses and clubs when we reach Alvirne now!



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HELPFUL TIP OF THE MONTH

Summer Time Free Time

Although the summer time is for relaxing and taking a break, you should still keep your mind and body busy! Don't just play video games inside all day - get out and enjoy the beautiful weather by playing games with friends outside, read a book outside in the sun, or go for a walk with friends or family!

Enjoy your summer vacation everyone!
- Colts Council :)

MONTHLY RECOMMENDATION

Allison V.

Movie: High School Musical

High school musical follows Troy Bolton and Gabriella Montez on their journey in their school musical. Troy Bolton is a basketball player and Gabriella is on the Mathletes team, both at East High School. They fall in love on a vacation on New Year's Eve before they knew they would be in the same school. Once they reunite will they "stick to the status quo" or will they "bop to the top"?

CONTACT INFORMATION

Want to submit something to the Newsletter? Have a comment or concern?

Email to the Advisors:

Ms.Blais (ablais@sau81.org)

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Or put submissions into the Colts Council Box on the stage in the Cafeteria



Respect, Responsibility, Hard Work

