

Colts Newsletter

Issue #3: January 2023



Caring & Kindness Month

By Leah S.

This year, we added 'kindness' to our HMS Core Values. Kindness is something that can affect somebody's well-being, and the community around you. We have been told all our lives that kindness makes a huge difference for everyone, but why?

Many people do not go out of their way to help others out anymore. We need to start doing that again, and make the world a better, and kinder, place. So, maybe make someone smile today, hold the door for others, or help a neighbor with their groceries. Whatever it is, a small act of kindness or helping someone can really brighten anyone's day, including yours!



Holidays and Events!

Jan. 1st - New Year's Day

Jan. 2nd - New Year's Observed (No School)

Jan. 13th - Early Release for Students

Jan. 16th - MLK Jr. Day (No School)

Jan. 17th - Kid Inventors Day

Jan. 17th - Feb. 10th - Winter iReady

Jan. 19th - National Popcorn Day

Jan. 23rd - HMS Spelling Bee

Jan. 23rd-27th - Kindness Week

Jan. 27th - Karaoke Friday

School Store is every Wednesday at Lunch!

HMS Monthly FOCUS

By Alex F.

Academic - Creativity & Collaboration.

This means to focus on how your creativity can be put into your work and hobbies, and to work with others if you, or they, need help!

Social Emotional - Social Awareness.

This means that you should realize when you or someone else is not good in a place mentally, and check in with them. Remember you can ask for help!

CTE - Culinary & Hospitality

which means working in careers like cooking, hotels, and more! There are many culinary programs at Alvirne, even a restaurant!



Respect, Responsibility, Hard Work



What's Up at HMS?

HMS Sports & Club Updates

Mrs. Reinitzer is requesting donations of any old computers from any staff for the kids at Computer Club to disassemble. Contact her for more information! :)

Yearbook Club is encouraging students and staff to reach out to Mrs. Ciaraldi or Mrs. O'Brien with any suggestions or to give them photos for this year's yearbook. Club members are currently taking pictures of activities going on throughout the school during the year to include also! This is also a friendly reminder that yearbooks can be ordered online at TreeRing.com. Don't wait too long to order one!

Teachers & Coaches! Want to submit a Sport or Club Update? Please email it to Ms. Blais for it to be included in the next Newsletter! We appreciate your contribution!

7th Grade Science Center Field Trip

By Hayley HB.

Earlier in the month the 7th grade went to the SEE Science Center in Manchester. It was a great hands on experience! It was nice to be able to learn new things about science outside of the classroom.

Each student had a different favorite part about the SEE Science Center trip. Some kids enjoyed the electricity ball activity, some enjoyed the heart transplant, and others liked the LEGO build that takes them 10,000 hours (a year) to build. This was a great way to show students how to work together and let their creative side show.

The SEE Science Center was an amazing place to visit because some kids haven't gone there before. It was a great way to give them the first time experience and we learned a lot about science. Thanks Mrs. Kalsi and all the teachers for taking us!

7th Grade Christmas Carol Field Trip

By: Liana G.

The 7th grade went on the annual field trip to the Palace Theatre in Manchester. They saw the play *A CHRISTMAS CAROL* which is based off of the book written by Charles Dickens.

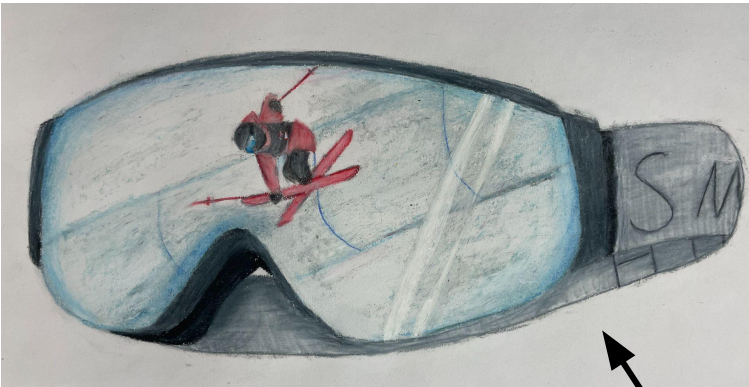
He originally wrote the book as a statement to the British about how the poor were being treated. The play focuses on Ebenezer Scrooge and his cruel spirit especially during the Christmas season. He is visited by the ghosts of Christmas past, present and future. These visits change Scrooge into a better man.

The cast did an amazing job portraying this classic and making the audience laugh. The music was uplifting and this play overall was a great way to end the week before Christmas break. Thank you Mr. Curtis for running the field trip and all the chaperones!

Student Artwork!



Emmalin
V.
6th



Emma
P.
7th



Makenna
D.
8th

Recipe for Beignets

By Lando C.

Beignets are a New Orleans style fried dough. You might of seen beignets in the 2009 version of Disney's The Princess and the Frog.

INGREDIENTS:

- 1/2 cup heavy cream
- 1/2 teaspoon dry yeast
- 1/4 cup warm water
- 1/4 cup sugar
- 2 tablespoons vegetable shortening
- 1/2 teaspoon salt
- 1 egg
- 4 cups all-purpose flour
- 1/2 cup boiling water
- Vegetable oil for frying
- Powdered sugar



DIRECTIONS:

- Step 1)** Sprinkle yeast over warm water in a small bowl stir to dissolve.
- Step 2)** Add sugar, shortening, salt, heavy cream, egg, flour, yeast, and boiling water to a large bowl mix together.
- Step 3)** Rest dough mixture for 30 minutes.
- Step 4)** Roll out dough to 1/4-inch thickness and cut into individual squares.
- Step 5)** Let dough rise for 2 hours in a warm area.
- Step 6)** Heat vegetable oil to 350° and fry beignets for 2-3 minutes, or until golden brown.
- Step 7)** Dust warm beignets with powdered sugar, and enjoy! :)

Literature Recommendation

By Olivia T

“Blended” by Sharon M. Draper

“Blended” is a book about an eleven year old girl named Isabella who has a white mom and an African American dad. She switches nicknames, bedrooms, and parents every week. Towards the middle of the book there is a climax event that is very exciting. This book was published in October of 2018.



Stay tuned for next month's amazing student work!

Want to submit a drawing, comic, poem, short story or something else to the newsletter?

Put your art or literature in the Colts Council Box on the stage in the cafeteria or email it to Ms. Blais or Mrs. Freemantle. It will be included in the next monthly newsletter! All artwork or literature should be school appropriate!

Quote Of the Month

“The first step towards getting somewhere is to decide you’re not going to stay where you are.” -J.P. Morgan

Student & Staff Shout Outs

Shout out to Mrs. Richard for being the best math teacher! We appreciate you!

Shout out to Colts Council for running Candy Grams! Students and staff enjoyed sending them to their friends or students and everyone loves the candy! Can’t wait for the Valentine’s Day Candy Grams!

Shout out to Ava T. on the girl’s basketball team for putting in 100% effort all the time! Keep being aggressive on defense and boxing out!

Shout out to Sammy S. on the girl’s basketball team for constantly challenging herself and working to get better. Keep working hard!

Shout out to Ms. Joncas for giving the Colts Newsletter artwork each month! Reminder to all students that you can submit your own artwork or literature to the Colts Council Box on the stage to be featured any time!

Monthly Tip!

By Max I.

Get involved in extra curricular activities (sports, music, clubs). It can help you meet new people and have some fun. It also sometimes gets you fresh air. There are many of them at HMS, try one out!! :)

RECOMMENDATION OF THE MONTH

By Maddie. L



A New Month and a New Year! Let's start off this year with a new TV Show! The new Netflix series, “Wednesday”, has been going around the school with a lot of popularity. It's got adventure, fantasy, action, and even a little romance. If you're into any of these and want to try something new, “Wednesday” on Netflix is the show for you!



CONTACT INFORMATION

Want to submit something to the Newsletter? Have a comment or concern?

Email the Advisors:

Ms. Blais (ablais@sau81.org) and
Mrs. Freemantle (lfreemantle@sau81.org)

Or put submissions into the Colts Council Box on the stage in the Cafeteria



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Respect, Responsibility, Hard Work

