

## **Athletic Protocol: Eligibility to Participate**

We believe that students who participate in athletics are more likely to have a successful and memorable high school experience. In order to participate in athletics, students must meet the following eligibility criteria.

### **Academic Requirement**

A student must have an overall grade of a C- (1.7 GPA) or better in the marking period immediately preceding the start of a listed activity. No student who has failed to pass in four units of work during the previous grading quarter shall represent the school in any interscholastic contest. A minimum course load of five units per grading quarter is required for participation. Fourth quarter grades determine fall eligibility and summer school does not count towards eligibility. Teacher aide, office aide, and driver education do not count as units when determining eligibility. All incoming freshmen are eligible for participation in the fall.

### **Waiver of Academic Requirement**

A waiver process for academic eligibility must be filed with the athletic office in a timely fashion. A waiver may be granted under extenuating personal or educational circumstances. Please contact the athletic office with further questions.

## **Additional Athletic Registration and Health Requirements**

### **Family ID**

Parents must register their athlete online at <https://www.familyid.com/alvirne-high-school> prior to his/her first practice (tryout) session. This form must be completed for each athletic season of participation.

### **Health Insurance**

All student athletes must be enrolled in a health insurance plan in order to participate on an athletic team. If an athlete does not have health insurance, the athletic director must be notified immediately so arrangements can be made for coverage during school sponsored athletic events.

### **Physical Examinations**

A written statement from a physician stating that an athlete can compete in interscholastic activities is required. The medical statement must certify that the student has passed a pre-participation physical examination prior to the beginning of his/her high school career and prior to the beginning of the junior year. Any student significantly ill or injured should be re-examined by a physician in order to maintain eligibility.

- Some physicals will expire during the respective season and the athlete will be required to attain an updated physical and drop a copy off to the athletic office or they will not be allowed to participate as of that date.
- The physical exam for athletic participation should be completed by the student's private physician. A copy of this exam must be submitted to the athletic office prior to the start of the sport season. The sports physical is part of the comprehensive healthcare received by a student from his/her health care provider. The student's health care provider's familiarity with family history and the student's medical history is important in an assessment for sports participation.
- For those students who do not have a private healthcare provider or who do not have health insurance should see the athletic director immediately before trying out for a team.
- Physicals may be faxed to the athletic department at 595-1521.

**Family Meeting Requirement:** All families must participate in an athletic orientation meeting with the athletic director or schedule a time to review the contents of the orientation through video format.

## **Athletic Expectations: Student Conduct**

Consistent with our Core Values, student athletes are expected to exhibit the highest level of conduct both in and out of school, as they are at all times representatives of their teams, clubs, activities, school, and community. Since athletics is a privilege and extension of the classroom, student athletes who receive disciplinary consequences for school misconduct during their season of participation will receive an athletic consequence as

well. If an athlete is caught in possession, using or distributing tobacco, drugs or alcohol outside of their season, the athletic consequence will be served during the next season that athlete participates in. In addition, tobacco, drug and alcohol violations will have cumulative consequence for the duration of the student's history in the school. The athletic director and/or assistant principals will investigate all allegations of student athletes involved in serious school misconduct, providing for their right to due process with an expectation that they will be truthful and cooperative. Athletes who violate rules of student conduct that result in an in-school suspension (ISS) or out-of-school suspension (OSS) as outlined in the Alvirne High School Student/Parent Handbook will be subject to additional sanctions on their participation in the Alvirne High School athletic program. The expectations outlined in this handbook are in effect from the first day of participation in the activity or season and continue through the end of that activity or season with the exception of tobacco, drug and alcohol violations. A student who violates this handbook for the first time will receive consequences appropriate to that offense. Any subsequent violation will be considered at the next sanction level, regardless if the first offense was in a different and even less serious category of violation. The administrator implementing these rules will impose the appropriate consequence given the circumstances.

Due to the seriousness of tobacco, drug, and alcohol violations, infractions of this nature will be considered as cumulative, beginning in the fall of the student's freshman year and continuing throughout the student's high school career. The use, possession, and/or distribution of alcohol or illegal drugs is prohibited at all times during school hours and at school sanctioned events including traveling to a school sponsored activity. Other substances, such as over-the-counter and prescribed medications that are used contrary to intent, as well as tobacco are also prohibited. Student athletes who uses alcohol, drugs or tobacco products are in need of assistance, direction and support. Restorative expectations are in place for all infractions involving drugs, alcohol and/or tobacco.

### **Substance Abuse Policy**

NH State Statue prohibits underage alcohol use (RSA 179:10 and RSA 179:10-a), underage tobacco use (RSA 126-K:6), and use of controlled drugs (RSA318-B:2). The United States Supreme Court acknowledges the legal standard for co-curricular specific codes of conduct. Restorative expectations are in place for all such infractions.

### **Restorative expectations**

- The student shall meet with the athletic director, coach, and parents and recommit to the code of conduct.
- The student will meet with a health care provider to better understand the physiological and psychological implications of the use of the substance for which he or she was suspended. Written verification that the meeting was held with the health care provider must be handed into the athletic director's office.
- The student will meet with the school resource officer to better understand the legal implications of the use of the substance for which he or she was suspended.
- Should the student-athlete (and his or her parent(s)) not complete any of part of this process by the end of his or her suspension from competition, he or she will no longer be able to practice or compete, from that point forward, until all parts of the process have been completed.

### **Appeal process**

Families have the right to appeal discipline consequences within 48 hours of being notified of the violations by the athletic director through the following chain of command:

1. Assistant principal/athletic director
2. Principal
3. Superintendent (only consequences resulting in dismissal or ineligibility for a calendar year or greater can be appealed to Superintendent)

Additionally, all student athletes and their parents/guardians must adhere to the following:

- Student athletes involved in a violation at the end of a season will have consequences carry over to the next participating season.
- Student athletes involved in distribution, possession, or use of tobacco, alcohol/drugs cannot serve as a team captain during the season of their athletic suspension and will be ineligible for end of season awards.
- Parents/guardians will be notified in writing of the terms of the suspension, and they may request a meeting with the athletic director to review the athletic suspension.

## Athletic Violation Consequence Guidelines

<b>School conduct violations resulting in ISS:</b>	<b>In season participants:</b>
First Offense	May not practice, scrimmage, or play in a game on days of ISS.
Second Offense	May not practice, scrimmage, or play in a game on days of ISS; additional suspension of 10% of season (may practice and scrimmage).
Third Offense	May not practice, scrimmage, or play in a game on days of ISS; additional suspension of 50% of season (may practice and scrimmage).
<b>School conduct violations resulting in OSS (not related to drugs/alcohol):</b>	<b>In season participants:</b>
First Offense	May not practice, scrimmage, or play in a game on days of OSS; additional suspension of 20% season (may practice and scrimmage).
Second Offense	May not practice, scrimmage, or play in a game on days of OSS; additional suspension of 50% season (may practice and scrimmage).
Third Offense	Ineligible to participate for the remainder of the season.
<b>School conduct violations related to the use/possession of tobacco/vaping/etc.</b>	<b>Over the high school career:</b>
First Offense	May not practice, scrimmage, or play in a game on days of OSS/ISS; additional loss of 10% of season(may practice and scrimmage).
Second Offense	May not practice, scrimmage, or play in a game on days of OSS/ISS; additional loss of 40% of season (may practice and scrimmage).
Third Offense	Ineligible to participate for one calendar year.
<b>School conduct violations related to the use or possession of drugs/alcohol:</b>	<b>Over the high school career:</b>
First Offense	May not practice, scrimmage, or play in a game on days of OSS; additional suspension of 50% of season (may practice and scrimmage).
Second Offense	Ineligible to participate for one calendar school year.
Third Offense	Ineligible to participate for the remainder of high school career.
<b>Violations related to the distribution of drugs/alcohol:</b>	<b>Over the high school career:</b>
First Offense	Ineligible to participate for one calendar year.
Second Offense	Ineligible to participate for the remainder of high school career.

## **Athletic Handbook Acknowledgement and Consent**

By signing this document, we, the parent/guardian and student, indicate that we have knowledge, understanding and agreement to these standards, set forth in order for my son/daughter to be afforded the privilege of representing Alvirne High School as a student athlete. I, the parent/guardian have gone over the handbook with my son/daughter. I am also aware that any violation on the part of my child, to any of these standards, shall result in the consequences contained within this handbook.

Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Sport: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_